



RTQ 2021 COVID-19 Race Plan

Issued 8/24/21 (updates will be issued if necessary)

The Run the Quay Committee wishes to assure our runners, sponsors, spectators, and volunteers that we are mindful of the current increase in COVID numbers, and we are monitoring the guidance coming from our local governmental entities. We knew that 2021 would not be a “normal year”. So, in anticipation of the continuance or return of COVID restrictions, we have taken the following actions:

1. We have redesigned the 5K course to separate the Start & Finish Lines to eliminate the need for runners to cross paths on our course.
2. We have included an open, rolling start time so runners who prefer additional space may start anytime between 8:15 - 9:00am. For those who are comfortable with participating in the “group start”, the race will start at 8:00am.
3. We have maintained a Virtual Race option, so if you prefer to avoid large crowds you can do so and still receive your RTQ swag! Additionally, if you are experiencing any COVID symptoms on race day, we ask that you please stay home. Reach out to us at info@fuquay-varina.com, and we can make arrangements to add your virtual run time, and provide your race packet at a later time.
4. We redesigned our race concourse. All Sponsor tents will be spaced so attendees can maintain the six feet of distance as recommended by the CDC. We will also have hand sanitizer stations available throughout the race concourse.
5. We moved the porta toilets to the sidewalk on Church Street and spaced them further apart. This will prevent lines from backing up into the race concourse. Also, all these units will be equipped with hand sanitizer.
6. We have added a “drive through”, curbside packet pickup option at the Fuquay-Varina Chamber of Commerce on Thursday, 9/16 from 11:00am - 3:00pm. Our other Packet Pickup will be hosted on Friday, 9/17, from 4:00 - 7:00 pm, at our Presenting Sponsors’ shared lobby, at 1625 N. Main St, #201, next to Wingin’ It.
7. To reduce the number of people gathering for Packet Pickup, we will allow Team Captains or their designated appointees to pick up packets for their entire team. Teams are responsible for communicating these arrangements with their team. Appointees must show photo ID to pick up their

team's packets. Service will be faster for larger groups if arrangements are made ahead of time by sending an email to info@fuquay-varina.com.

8. There will be NO registration or Packet Pickup on race day! Please plan ahead, and register by 7:00pm on 9/17! If you cannot make either scheduled packet pickup, you may either:

- Have someone else pick up your packet for you with a copy of your photo ID.
- Pick up your shirt & virtual race medals after 9/21/21 at the FV Chamber office.

9. We are requesting all runners wear masks while in attendance, EXCEPT WHILE RUNNING ON THE RACE COURSE. Once you cross the start line, you may remove your mask and enjoy your run! Once you cross the finish line, we ask that you put your mask back on and enjoy visiting our sponsor booths located on the race concourse.

10. And finally, all of our volunteers who will be within 6 feet of the runners will be wearing masks.

We look forward to seeing everyone on September 18th for the 17th Annual Run the Quay, Presented by Carolina Orthodontics & Children's Dentistry and Triangle Family Dentistry!

Sincerely,

Lisa M. Schreiner,
Race Director